



Modern Quotes



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**MODERN QUOTES
TO A PERSON**

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Modern Quotes to a Person

This is a multifaceted book containing 5,385 quotes, aphorisms, and reflections for all occasions. It includes 28 chapters and 218 subchapters. It's not just a collection of quotations, but a navigator of modern thought, where each idea becomes a spark for reflection, inspiration, or a smile. The author has carefully selected the words to resonate with modern readers – their doubts, aspirations, irony, and hope for something better.

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INTRODUCTION

Here is my new book – a collection of sayings, aphorisms, quotes, fascinating facts, and quality humour. This work is something of a blend between "Lock Picks to a Person" and "Clues to Human Nature."

I've drawn material from a variety of sources: Reddit, forums, websites, quotes from videos and cinema, diverse groups dedicated to humour and beyond, YouTube and ChatGPT. This is crowdsourced humour brought together for you – the average person who values knowledge and wit.

I've added just a touch of my own text, but I've also edited, improved, altered, or simply added new quotes. Not always for the better – just kidding, of course. And to everyone whose thoughts and words I've used in this book – my sincere gratitude. Together, we'll make the world a better place.

Given that the precise authorship of many quotes is hard to establish due to their popularity, reworkings, and adaptations, I decided not to include usernames. After all, most of these phrases belong, as they say, to "who knows whom", and listing a string of letters and numbers would only detract from the material's charm. Still, you're welcome to try finding the original author through an online search.

I recommend reading in small portions – not necessarily top to bottom; you can jump in randomly. Jot down what seems essential. Let this book bring you not only delightful evenings but also a better mood and, perhaps, even a better life. May it be a source of wisdom, reflection, and inspiration. Read, reread, and smile more often.

The author

* The asterisk next to the author indicates that I have made changes to the text

5,385 quotes.

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THE PATH

*Life, like a storm, rushes ahead.
Like a mountain stream, it roars with no rest.
Time flows so swiftly, like water into sand,
You missed it - well then, learn the lesson, my friend.
The song left unsung, the story - unwritten,
The book left half-read, its pages still waiting...
For whom do we leave what we spent life creating?
Just fate's shard turn, so sudden and wild.*

C'est La Vie or Such Is Life

Most of us will lead modest, pleasant, and quiet lives, leaving little impact on the world and no grand legacy behind. But this shouldn't be seen as a failure: family, friends, and work – these are more than enough for happiness.

In the end, life can be viewed as a marvellous interplay of chance and a unique experience for every living being.

The film "Mr. Nobody*" offers this wisdom: "As long as you don't choose, everything remains possible."

There's a French proverb that goes: during the first half of life, we await the second, and during the second, we reminisce about the first.

Life is a funny thing: you live it while moving forward, but you begin to understand it only when looking back.

Life isn't a movie scene – there won't be any retakes.

A life without mistakes and imperfections would be dreadfully dull.

Life is like a bicycle – to maintain balance, you have to keep moving forward and occasionally bump into those unexpected bumps along the road of life.

Life is like a box of chocolates – it's always exciting to discover what's next, though sometimes it's puzzling why this particular chocolate had to have nuts or raisins.

One scientific definition, proposed by biochemist Gerald Joyce, describes life as "a self-sustaining chemical system capable of Darwinian evolution."

There's no such thing as a perfect life, nor is there a single correct path.

Each person lives their own, often messy, sometimes complicated life.

When you think you've finally figured out life, it seems intent on proving you wrong.

Someone may be above or below me, but in certain aspects, I'll be better, and in others, worse. Growth, strength, and endurance – these are but minor physical traits of a person.

People say life is short, but it's the longest experience you'll ever have.

Sami Widell aptly noted: "Nature and life – they're not like in the movies."

The world is the way it is. If we don't create wonderful times ourselves, they will never come.

We live in extraordinary times – one of the most prosperous in human history. While there may be less of that old-world romance, we gain new opportunities and horizons in return.

It's valuable to learn how the world truly works, as this knowledge prepares us for the rest of our lives.

Richard Buckminster Fuller observed: "I've lived 70 years. That's 600,000 hours. Of those, 200,000 were spent sleeping, 100,000 eating, drinking, and recovering health, 200,000 learning and earning a living. From the remaining 60,000 hours, I spent much of it travelling. What I had left – my truly free time – was just about 40,000 hours, or roughly 1.5 hours a day."

One of life's luxuries is time, a slow morning, and the freedom to choose.

Marcus Aurelius assured us that life itself is merely someone's opinion.

Human purpose is overcoming obstacles and evolving.

Just as survival favours the fittest, humans must adapt to circumstances and internal changes. The ability to embrace change and learn from it is the key to harmony with oneself and the world.

The harsher and more hostile the environment, the more actively a cell or living being reveals and develops previously unknown abilities.

Curiously, life demands that we try everything, accomplish everything, and savour everything. Yet, it also asks that we live in anticipation, delay, and dream. Try finding a balance here...

What truly matters little in life but often receives undue importance? Status.

What is life? Life is filling yourself with emotions, goals, searching for meaning, striving for self-realisation, adventures, and, of course, love.

It's neither good nor bad – just a fact: the majority of life consists of uneventful weekdays.

The meaning of life lies in life itself.

It's certainly an art – to treat life as simply as possible while maintaining motivation and not losing oneself.

I keep drifting with the current, but I have no idea where...
(From the animated film "Elemental.*")

Comedy on Stage

What if sleep is actually our natural state, and waking up is just a way to gather information, plots, and locations for our dreams?

God created the world. Everything else? Made in China.

*I thought I'd figured out the meaning of life, but then life goes,
"Want to hear a new joke?"*

Everyone says you need to find your place in life. I've found mine – it's the sofa.

*The key to life is finding someone who truly shares your interests.
– I don't want to go anywhere. – Me neither.*

Life is all about balance... and a balanced bank account.

*Setting priorities is vital: a person can survive a month without food,
but not a minute without these Italian boots.*

*If you ever feel useless or like your existence doesn't matter, remember:
billions of tiny creatures live in your body. To your gut flora, you are
a god.*

Life is the time spent waiting for online orders to arrive.

Life is a minefield. Best to avoid walking near the craters.

*Plot twist: imagine waking up one morning in a small village, it's
early June, you're 8 years old, and your whole life is ahead of you.
And everything happening now was just a dream.*

*Some random person liked my post from last year. Who are you?
And why are you digging through my past?!*

Dear Lord, can we switch this up: hungry in the morning, sleepy at night?

You never know how a single comment on a photo might change your life...

The universal life plan: school, university, this and that, millionaire. Solid plan. Reliable.

Imagine if people who've passed on could watch us in real-time...

The difficulty level of life is chosen at random, and you can't change it.

The meaning of life is sought by the well-fed. The hungry are looking for food.

Everything in life can be explained by one of three things: astrology, a gypsy curse, or magnetic storms.

Dentist: You're brushing your teeth wrong. Dermatologist: You're washing wrong. Gastroenterologist: You're eating wrong. Psychologist: You're living wrong. Liquor store clerk: You've made a good choice.

Fate gifted me otherworldly beauty, a charming laugh, a stunning figure, and the ability to creatively reinterpret reality.

Technically, your alarm clock is just the theme song at the start of every episode of your life.

I had it all: a new luxury home, a beautiful partner, and we were at the seaside... So why did I wake up?

I don't have time to explain, but we've got 24 hours to learn Spanish.

Want to know why and on time? Subscribe to our channel.

To unlock the helicopter, you'll need to grind for a really long time.

I'm risking my entire future just to steal another moment of sleep from time.

— We'll sleep in the next life. — You said that in the last life!

— How's life? — Well, it used to be good, now it's even better. But we'd really love for it to be good again.

— So, how was your day? — Irretrievable.

— Don't you mean irrecoverable? — Maybe.

– *I want life to be like in the movies: you need to leave town for a while until things settle down.*

Remember, Shit Happens

In life, you're likely to spend around a month just waiting for the traffic lights to turn green.

Life isn't as simple as a quick trip to the store.

In real life, not everything ends like a Hollywood movie.

School has a system to ensure you don't fall too far behind the others – life doesn't.

Viktor Frankl* once said, "Life doesn't care what we expect from it."

We all tend to stagnate in the comfort of our routines.

Diagnosis: an open turning point with a shift in priorities due to falling from the heights of your illusions.

Unicorns exist, and they're not a myth. Reality, however, is cruel, leaving no space for romance. Unicorns? They're just rhinoceroses.

If you don't know what to do with your life, it doesn't mean you should spend every waking moment glued to your phone.

Life is fragile – it can end at any moment.

How about this quote from "Pirates of the Caribbean": "The world's still the same. There's just less in it."

Or this one: "You won't truly learn how to live until you've been duped a few times."

What surrounds me? Lack of sleep, court hearings, colds, buying gifts for everyone, deadlines, no money, a messy home, and constant noise...

Here's a line from the film "Waking Life": "We've forgotten how to live passionately, to take responsibility for ourselves, to create ourselves, and to find joy in life."

Satire, Caricature, and Parody

Whoosh – and another day vanishes.

Don't even go there. Things are still worse in Zimbabwe...

*I'm ready to eat festive food and drink champagne right now.
Anything to make this year end faster.*

If we're living in a simulation, I'd like to file a compensation claim!

*I used to live peacefully, always managing to keep up...
Then I had to sign up for social media...*

Year in review: eye twitching.

I love those days when my mind only has harmless thoughts, a light mood, and no stress. Too bad those days don't actually exist, but I still believe in them.

My life motto: life's too short to make the bed.

My life is about love, pleasures, and rock'n'roll. Just without the love, pleasures, and rock'n'roll... for now.

*We thought it couldn't get any worse...
Turns out, we all have very poor imaginations.*

Creating a new NPC? You'll have to wait 9 months.

It's nice where we're not, but not for long – we'll be there soon.

I wish life were like the 19th century: going off to a spa to treat my nerves, writing letters to mum, having a romantic affair with a retired officer, and spending the evenings playing solitaire, eating ripe apricots, and drinking wine... instead of all this...

– It's a shame life doesn't have breaks like in movies. You quietly cry on the floor, then a black screen with "a few years later", and now you're in a castle with servants.

– Okay, Google. What to do if you've called an ambulance, and your former classmates who barely passed show up instead?

– Excuse me, sir, what are you expecting from 2026? – Mercy!

- *You have dark circles under your eyes.*
- *That's the boundary of reality.*

Horn of Plenty

Most things aren't nearly as important as they seem.

Anyone can lose everything in an instant – their wealth, home, family, and support. Appreciate what you have at this moment, and remind yourself of it often.

Life has no pre-written script or predetermined goal – your life is your story.

An ancient Greek philosopher Epictetus once said: "Do not seek for things to happen the way you want them to; rather, wish for them to happen as they do, and you will go on well."

Vivian Greene remarked: "Life isn't about waiting for the storm to pass; it's about learning to dance in the rain."

Here's some advice: the true purpose of your journey isn't a destination on the map, but a fresh perspective – to see life from a new angle.

Just a few minutes each day spent reflecting on gratitude can greatly improve your life.

Even small steps, taken consistently, can yield significant results over time.

If life feels overwhelming, try to lighten your mental load. Shift the lever that controls expectation...

If life gives you lemons, make lemonade.

If you have free time, try to do something meaningful each day – even if it's just a little.

There are countless things more fulfilling than sitting around scrolling through social media, trying to keep up with fleeting trends.

Live with a touch of playfulness, and be a little crazy now and then. If you often work alone, don't hesitate to talk to yourself out loud.

Life should be in your heart and mind, not confined to the virtual world. Social media isn't reality, and your life shouldn't revolve around it.

Life can feel easier if you shed a few pounds of unnecessary weight – be it physical or emotional.

Getting enough sleep will make your life better.

Life doesn't stand still – it moves forward.

Introducing novelty is one of the best ways to counteract the feeling that life is passing you by.

A short morning workout can genuinely make you feel better all day. It may feel odd at first, but soon enough, you'll notice the benefits.

Seize the day, seize the moments within it!

The best we can do is savour life and cherish moments to the best of our ability.

A reliable compass in life is always having a goal.

Find your own path. Pay no attention to what others might say or think.

Start each day with something simple – reading, walking, or jogging for ten to twenty minutes. These small actions can lead to transformative changes and make life better.

You don't always need to search for meaning in life; sometimes, just look for moderate pleasure.

Don't compare your life to someone else's – everyone walks their own path.

One of life's rules is knowing how to alternate between "cold" and "hot", with time in between to lie on the sand. If you get stuck in a comfort zone where nothing happens, that peace may turn into stifling emptiness after a few years. Listen to what you truly want.

Remember, your life is yours alone, and only you carry the responsibility for it.

Change can sometimes be a little painful, but it's often beneficial – especially when you're trying to grow and understand yourself.

To embrace the future, you must let go of the past.

Keep a positive mindset, even when it's hard.

It's amazing how a few small joys can change an entire day. Don't miss out on them, and embrace them whenever you can.

The goal may be unclear, and time is limited. Enjoy the process. Sincerely, Mother Life.

Think You've Got Life Figured Out?

Do your friends seem to have amazing lives and epic adventures? Simply delete them from your phone.

For beginners, North America or Europe are recommended as starting locations. For the normal mode, choose Asia. For the hard level – Africa. And for 1,000 gold coins, you can go straight to Switzerland.

*I was thinking about how to improve my life...
Decided to start with small things, like smoothies and a beach.*

Eat, pray, love – just don't post it all on Instagram.

Music: the tiny life-support machine we all need.

Don't take everything life offers – be selective!

*Remember to check your mental health levels.
If they drop too low, you might feel like quitting the game altogether.*

Don't let one good day trick you into thinking everything's fine and it's safe to completely relax.

*Want to radically change your life?
Just don't pay... for the Internet, and get a dog.*

I wanted to start a new life on Monday but realised Tuesday felt even better for it.

*"My life is dull and repetitive; I need to shake things up."
Moments later: changed my route home from work and bought a muffin at a new shop. Life's back on track.*

– What time is it? – Time to change your life for the better [on a clock face]. – Damn, running fast again.

– Even if you need a sword only once in your life, you should always carry it. – I've been carrying a condom since college.

– *Just live each day like it's your last. – Those words terrify me.*

– *I want to break free from the routine, feel the world, explore new horizons, find myself... – Don't worry, it's just December. Soon you'll crave blankets and binge-worthy shows.*

Tick-Tock

Our perception of time depends on how quickly the brain processes incoming information. The faster and more detailed the processing, the slower time seems to pass – and vice versa.

Here's a paradox: most likely, you're living through times right now that you'll feel nostalgic about in the future.

Daylight saving time was first widely adopted in Germany in 1916. Setting the clocks forward meant the "extra" hour of daylight could be used for work, reducing the need for lighting in industrial workshops.

Until 1660, clocks only had one hand – the hour hand. This was because the technology of the time couldn't produce mechanisms capable of accurately measuring minutes or seconds.

Have your card or cash ready before the cashier asks.
It'll save time for everyone.

Here's an amusing thought: there's no tangible proof that today is Sunday or Wednesday – we all just agree to believe it.

Notice the good moments and enjoy them while you're here.

The only thing that exists is now and our memory of what happened in the past. But because we invented the idea of a future, we're the only animal that realized we can affect the future by what we do today.
(David Suzuki)

The Aymara people of Bolivia have an intriguing concept of time: they perceive the past as being in front of them and the future as behind. When talking about the past, they gesture forward, and when referencing the future, they motion behind their backs.

Every step we take today builds a bridge to tomorrow.

Wondering where all your free time goes? Check your phone – it's clocking 8 hours of "work" a day.

Place your hand on a hot stove for a second, and that second will feel like an hour. Place your hand on someone you love for an hour, and that hour will feel like a second.

Learn to let go – let go of the past. What's done is done.

Imagine this: the year 2000 was 25 years ago.
And you're saying summer flew by?

The past ... The past? You need to move forward!

It's strange how people believe that changing the past could radically alter the present. Yet, they fail to see that what they do today could radically change their future.

Breaking the Space-Time Continuum

*Adrien Rabiot in 2016: "Wear a Marseille jersey? Never in my life!"
(Joined Marseille in 2024.)*

Future you might criticise present you for what you're doing right now.

*When I was in school, the age of the universe was 10 billion years.
Now it's 13.8 billion. Wow, time flies...*

I miss the days when the Internet ruthlessly mocked vertical videos.

You can't bring back the past, but boy, can you twist it around.

I never really trusted lizards, salamanders, or cats when they shared their worldviews. Clearly, I wasn't exhaling enough smoke back then.

I've had a tough day for about six months straight.

A person with an hour of free time knows exactly what to do. A person with an entire free day has no idea.

– If you had a choice, where would you go every morning: school, university, or work? – Kindergarten.

– Excuse me, sir! Do you have the time?

– Complicated. Very complicated.

– Just accept it.

– But it was New Year's just yesterday!

- *Oh, how I wish I could jump to the future! Snap a selfie for Instagram, sip a coffee, go shopping all day, party all night...*
- *Stop it. What a dreamer you are. That laundry isn't going to rinse itself, and you still need to feed the livestock.*



HUMANITY

*Each soul ignites its own pure flame,
No two will ever burn the same.
Only as one do we stand tall,
Alone, we weaken, slip, and fall.*

Hi, Humans

Sixty percent of all people on Earth are Asian.

Ninety percent of the world's population lives in the Northern Hemisphere.

Most people are more or less normal and just trying to live their lives.

In 1800, the world's population was approximately 1 billion. Just 127 years later, it doubled to 2 billion.

Each year, India sees over 22 million births – nearly as many people as the entire population of Australia.

Gestures and communication styles vary greatly between countries. For example, to a Norwegian, someone speaking emotionally and gesturing wildly might seem unhinged. But in reality, they're just a typical Italian.

We are the last generation on Earth that knows what life was like before social media.

Guy de Maupassant* once wrote: "People are like books – the letters are the same, but the content is different."

Blue eyes in humans only appeared after the advent of agriculture [about 6,000 to 10,000 years ago]. All people with blue eyes share a single recent common ancestor. The mutation most likely originated in the Black Sea region.

The Greek philosopher Anacharsis classified humanity into three groups: the dead, the living, and those at sea.

If the entire history of humanity were compressed into 500 pages, anatomically modern humans wouldn't appear until page 440. Sedentary societies would begin forming on page 490, and both the atomic bomb and the founding of Rome would be mentioned on the final page – likely within the same paragraph.

If the planet still had the same mortality rates as in 1900, the world's population would be half of what it is today. Back then, the average global mortality rate was around 25–30 deaths per 1,000 people per year.

If life feels easy and everyone you meet treats you kindly and courteously, congratulations – you've won the genetic lottery and are likely very attractive. Though, there's a chance your intelligence might have taken a slight hit.

If you have access to clean water and live in a climate comfortable for human habitation, you're better off than half the world's population.

The history of humanity, starting with archaic humans, is also a history of exchange. To acquire something, you must sell, trade, or barter for it.

Everyone has their own unique value.

Together, Chinese and Indian people make up more than a third of the global population.

Some say Rockstar Games' success shows that we've never really outgrown playing cops and robbers or cowboys and Indians.

Left-handed people make up 10% of the global population – a proportion that has remained relatively stable across cultures and historical periods.

Here's an intriguing observation: every person you see on the street has their own personal life – one they live at home and work – which has nothing to do with you.

We are a collective sum of all humanity, just another step in the long history of progress – not separate, god-like beings standing above it.

We're all little sparks of light for one another in the darkness.

Throughout history, many different members of the "Homo" genus have existed; most simply didn't get the chance to share the world with us.

About 6–7% of all humans ever born are alive today. Rapid population growth only began in the last 200–300 years, thanks to advances in agriculture, medicine, and technology.

The vast majority of people you interact with are so preoccupied with their own lives that anything connected to you is forgotten by the next day.

Helping others, regardless of the outcome, is a fundamental hallmark of human civilisation.

The Maya had unique beauty standards, considering cross-eyedness an attribute of attractiveness – they even trained for it.

It's incredible to think that someday, far in the future, people will be curious about how we lived, what we did, and how we spent our days.

You're only here today because every one of your ancestors managed to survive long enough to reproduce – a lineage stretching back 2.5–3 million years. And if we count tree-dwelling mammals, it's been 65–85 million years.

It's possible for a person to have several doppelgängers around the world. Of course, genetically, we're all different.

Even people of the distant past had their own jokes and rudimentary technologies. In essence, people are the same everywhere – we just grow up in different conditions.

We still face epidemics and hatred, but we live in an era where monumental efforts over the past century have led to significant progress and a better quality of life for humanity.

Japanese wisdom: "A person is like a sword, either sharp and useful or dull and neglected."

Absurdity at Its Lightest

According to legend, in ancient times, the buttocks were the first weapon used to intimidate enemies – which might explain why Scots wear kilts. Flashing a bare backside was a way to show utter disdain for the enemy and one's own fearlessness.

Just grab a dozen people off the street, and they won't even agree on the shape of the Earth.

My attitude towards others depends on the purpose for which they're surrounding me.

A man survived 438 days in the ocean, drinking rainwater and eating fish and turtles. Now everyone's curious about what happened to his companion.

We're all in the same "boat": some are paddling a kayak, some are on a yacht, and some are just clinging to a life ring.

There are over 200 corpses on Mount Everest, and they're used as landmarks for other climbers. For example, "Green Shoes."

No one's thinking about you. No one cares. Well, unless you're a young, beautiful, slim woman.

The first Native Americans to meet an African didn't believe human skin could be that dark. They spat on him and tried to rub the colour off.

Survey results: when asked, "How much is 10 times 100 grams?" nine people answered "a litre", and only one said "a kilogram."

*Watched a documentary about dung beetles. Fascinating!
They're just like people – they gather crap and spend their whole lives pushing it around.*

– My friend didn't realise until college that Martin Luther and Martin Luther King Jr. weren't the same person.

– Exactly – one's his great-great-granddad, the other's his kid.

– You can't fake everything that's happening there.

– You can. (Post-production)

– Why can't we solve all problems with hugs?

– Because the bank refuses to hug me back until I repay all my debts.

– You work so much with people. You're constantly communicating with people. You must be very loving...

– She hisses through her teeth at that moment.

The World Takes a Wrong Turn Again

In ancient Rome, a group of slaves belonging to one master was called a familia.

In the mid-14th century, the Black Death pandemic claimed the lives of 25-50 million people in Europe, amounting to up to one-third of the continent's population.

We have everything now – strawberries in winter, roses whenever we want. Yet kindness among people is sorely lacking.

All intelligent life is inherently self-destructive.

If humans were killed at the same rate we slaughter animals, humanity would go extinct in a year and a half.

Consider this, as George Carlin suggested: the average person is pretty stupid. Now imagine that half of them are even dumber.

Not so long ago, by historical standards, only 20% of children worldwide survived to adulthood.

Each of us is a villain in someone else's story – whether deservedly or not.

Every person proudly carries their own nonsense through life.

No matter how good an idea may be, there will always be malicious individuals ready to ruin it.

When people say the main problem is "quadrobics" – whatever that means – they're lying. The real issue is idiobics in power.

When everyone has salaries like the Norwegians, prices like in India, and quality like in Germany, then we can start praising each other.

People are surprised by our reckless behaviour. But really, we're just great apes with shiny toys.

Many problems are only addressed when they reach a critical stage.

The Mongol Empire killed so many people that it slightly altered the planet's climate. After massive human die-offs, vast agricultural lands were abandoned.

We increasingly rely on virtual communication, diminishing the value of face-to-face interaction.

We live in an era of appearances, success stories, and illusions. Everyone strives to show how wonderful their life is. Maybe it's better to look around?

We continue to exploit natural resources recklessly, harming the environment. This leads to air, water, and soil pollution, ecosystem destruction, and loss of biodiversity.

Ireland's population is still smaller than it was before the Great Famine of the 19th century, when it was around 8.5 million.

On average, our physical abilities are currently far from their peak. Some nations fail to recognise the absurdity of their circumstances simply because they've grown used to them.

Take note of how many views trivial chat videos get compared to meaningful and important content.

According to recent research, around 900,000 years ago, humanity was on the brink of extinction. Our ancestors dwindled to approximately 1,280 reproducing individuals and remained at that level for 117,000 years.

They proudly considered hunting mammoths a heroic feat and duty. But the truth was far simpler – they were just killing off their last meal for themselves and their children.

According to some sources, the first mailboxes appeared about 400 years ago in Florence. However, they were used for anonymous denunciations – targeting scientists accused of dealing with the devil, philosophers spreading progressive ideas, and politicians suspected of treason. Such accusations often led to abuses.

Slavery wasn't just a privilege of white people: Africans eagerly sold their own, and Arabs kept slaves on the same scale as Europeans, often castrating them as well.

Modern consumer culture fuels a desire to accumulate material goods, but not spiritual or intellectual growth.

People's social lives suffer not from a lack of opportunities, but from a lack of initiative.

Victor Hugo* once said: "Animals are God's creation. But brutality – that's a uniquely human trait."

A person should be the writer of their own life, not a page-turner of someone else's.

20–30 million people died because a Chinese man declared himself the brother of Jesus Christ. Truly, one of history's most bizarre events! (Speaking of the Taiping Rebellion.)

The Laughing Machine is On

In some cultures, cannibals didn't consider their victims to be real people: a different tribe, a foreign language – how could they be "ours?"

Earth – it's a mess, guys: it's hot, it's crowded, but somehow you're still cold and lonely. (Comedy series "The Good Place.")

In the old days, there was a category of female criminals known as "bare-breasted rogues." These women would lure men into their homes by exposing their chests. Once inside, the men were robbed by the women's accomplices.

How disillusioned with humanity do you have to be to name a chainsaw "friendship?"

When kids ask me why people in old photos have red eyes, I tell them they're too young to learn about the Demon Uprising of 1999.

When the Nazis burned Sigmund Freud's books, he said, "What progress. In the Middle Ages, they'd have burned me. Now they're content with burning my books."

Where is our society heading? Straight into TikTok, Instagram, YouTube, X [Twitter], Facebook, Discord, WhatsApp, Steam, and Telegram...

An asteroid heading for Earth turned around and said, "Nah, you've got this mess covered", before flying away.

People were recording what was happening on their phones, but no one thought to call an ambulance for the guy.

Monkeys and chimpanzees show a strong interest in images and videos of their peers. Remind you of anything?

Line for critics: massive. Line for advice: small. Line to actually do the work: empty today.

Why is it that every new toothpaste is always recommended by nine out of ten dentists? Who's the one dummy that never approves anything?

The problem isn't just that many people have lost their minds. It's that once it's over, they'll never come back!

*Dog owners don't recognise each other without their dogs.
Nudists don't recognise each other with clothes on! And gardeners?
Only recognise each other hunched over.*

Humans have so many opportunities and so many problems in the world... So what do we do? That's right, carve faces into pumpkins for Halloween and decorate our homes for Christmas.

In the 21st century, your smartphone dies – and suddenly, so do you.

– Sir, are you afraid of the progress of artificial intelligence?

– No. I'm more afraid of getting looted under a trending hashtag.

We're from the Future to Save You

Be kinder to people; don't be rude or disrespectful.

Be a lighthearted person with a kind soul, and give your loved ones the gift of your attention.

In your time, finding someone meaningful requires stepping outside the confines of your usual life.

You can't please everyone you meet in life. Some people might dislike you for no good reason. Accept it and move on.

Having a bad day doesn't mean you should ruin someone else's.

There are no perfect people, and there never will be.

What matters is being just a little better than you were yesterday.

Fewer formal "thank yous" and more genuine words of praise go a long way.

Never yell at someone for something beyond their control.

Treat other people and our planet with respect.

Stop staring at your phones all the time. Connect with each other, observe, and reflect on the world around you.

Learn to set and protect your boundaries when they're challenged.

From Digging Stick to Selfie Stick

In ancient times, the desire to leave the parental home often spurred migration. A distance of 3-7 km was the golden middle ground – close enough to visit parents and even drop off the kids for the weekend.

*This year, I'm writing letters to the elves.
As fellow workers, they'll understand me.*

Let's get to know each other better! Tell us something about yourself – where you live, and where you definitely don't hide your money...

If you got up on the wrong side of the bed, don't ruin everyone else's mood – go back to bed!

Respect people's personal space and consent.

*Having trouble making friends with other players?
Check your scent bar.*

Whatever you give a person, they'll take – unless it's a flyer.

*Forty-five percent of homicide victims knew their killers. The moral?
The fewer people you know, the fewer there are who might want to kill you.*

- Be simpler, and people will be drawn to you...*
- The thought of that horror makes me want to be as complicated as possible.*
- Why's that poor girl tied to a pole?*
- She's been spamming the feed with her beach photos.*
- The nerve of her! I haven't had a vacation in three years!*



SHE AND HE

*You're stubborn, good sirs, like stone, firm and true,
Yet yield to her voice, like the dawn yields to dew.
And ladies, like wind - so fickle, so free,
Yet lost without you, like waves, without sea.*

A Blade with Two Edges

In some regions of Nigeria, a fuller figure symbolizes health and prosperity, while thinness may be seen as a sign of poverty or an inability of the husband to provide.

Women are so accustomed to compliments that they remember only insults. Men are so used to insults that they remember only compliments.

For a woman, trying on something beautiful and not buying it is like a man pouring a drink and not drinking it.

If men could "realise" that women are people, and women could "realise" that men are people, we could solve so many silly problems.

If a man shares something delicate with you, and you later use it against him in an argument, he's unlikely to ever confide in you again.

On average, women blink only slightly more often than men, but under the influence of hormonal, physiological or behavioural factors, this difference can increase nearly twofold.

Women are approximately 20% better at distinguishing colours and shapes, while men have stronger spatial awareness.

Women often lie about their age and weight, while men lie about their height and salary.

Life has changed us beyond recognition. Women have become strong and self-sufficient. Men have grown more temperamental and sensitive.

Neither men nor women can read minds. Just talk about it.

Because of male snoring, women may end up missing out on several months – or even years – of sleep over a lifetime. It's important to find solutions.

Every married man hides the fact that he's physically attracted to others. Women know this perfectly well, though men mistakenly believe we're different in this regard.

When a woman is unhappy, she sheds a tear. When a man is depressed, he becomes angry and vents his frustration.

Curious fact: in nature, males are almost always more visually striking than females.

Men laugh at women for believing in horoscopes, but they wear "lucky" clothes to ensure their team wins.

We're far more alike than we are different.

Some women can't just sit still – they're always busy with something, often juggling multiple tasks. Just watching them makes me tired.

Some guys secretly adore videos of cute animals, while some women don't always admit to watching action movies alone.

When turning to a call, a woman typically turns her head, while a man usually shifts his entire torso.

Here's how a woman's mind works: imagine a bustling street in India or Pakistan – minibuses, rickshaws, scooters, chaos everywhere, but no accidents, everything moves. For men, it's a quiet country road where, in the distance, a drunk person has fallen over.

Guys consider other guys "normal" until they mess up. With girls, it's usually the opposite.

Just clean your hair out of the sink before leaving the bathroom. Deal?

From a biological perspective, females mature faster than males. Girls also tend to take relationships more seriously from an early age.

Those who call women "hysterical" have never seen a guy lose at a video game.

Everyone has their own talents. On average, men excel at logical tasks, while women are better with language skills.

In men, the peak of cognitive performance occurs between the ages of 20 and 30, while in women it is between 15 and 20. This period coincides with the completion of brain development.

Men's lives tend to move linearly, while women's lives follow waves and cycles.

Some studies suggest that men have fewer taste receptors on their tongues than women. As a result, males tend to prefer food with sauces or something spicy.

After 30 minutes of shopping, men typically feel tired, while it takes women just as long to start enjoying the process and immerse themselves in the selection.

Fun and Laughter

Have you ever noticed that a woman's "I'll be ready in 10 minutes" and a man's "I'll be home in 10 minutes" mean the exact same thing?

In the phrase "romantic dinner", the key word for a woman is "romantic", and for a man, it's "dinner."

If a man is friends with a woman, it means he's hoping for something more. If a woman is friends with a man, it means he has nothing to hope for.

If I have two hours to get ready, I'll need three.

If I have fifteen minutes, I'll be ready in ten.

How to scare him: – I'm pregnant.

How to scare her: – I'll get a paternity test.

Why on earth does a snowboard have a gender?!

When a guy finally gets to know you better: – Oh my God!

– You can just call me Helena.

A girl's dream: – I want to wake up next to you. A guy's dream:

– I want to wake up as an eight-year-old watching "DuckTales" and "Chip 'n Dale."

For every strong and independent woman, there's a weak and dependent man.

No one believes in a man more than a woman who really doesn't want to get a job.

Nothing unusual, just a guy telling his girlfriend he wouldn't date her if she were a worm, and now she's crying about it.

Ad: Selling a double bed with one free space available.

The average woman smiles twice as much as the average man. A group of scientists studying this phenomenon concluded that she simply has to pretend everything's fine twice as often.

A person is the master of their fate – until they meet the mistress of it.

– So, what kind of women do you like: smart or stunning?

– Neither. I only want you.

– Am I the girl of your dreams? Be honest.

– You're much more than that. – How much more?

– About seven kilograms more. – Ouch, my ears!

– Miss, do you like animals? – I love them.

– Take me in; I'm such a beast.

– Good morning, beautiful. – You think I'm beautiful?!

– I just forgot your name.

– Darling, I'm a gift from God.

– Yeah, I just don't understand what I did to deserve it.

– So I'll work and earn money. What about you?

– Drink beer and eat meat. – And something useful?

– Maybe ketchup too.

– I like bold, risky people...

– I'll wait here while you take the risks.

– Sweetheart, come over and see how I cleaned up your apartment.

– I think you misunderstood the word "clean out."

– Can you say something manly? – We'll see.

– So, your place or mine? – You'll go to yours, and I'll go to mine.

– I heard you like bad boys? – Maybe.

– I'm not just bad – I'm consistently awful at everything.

– Will you be faithful to me? – Can you afford me on your own?

– You're the best thing that ever happened in my life.

– Wow, what a life you've had.

– Are you an owl or a lark?

– A stork. Do you want a baby?

- *You're so amazing. Someone will be lucky to marry you.*
- *Maybe you... – Nah, I've got terrible luck.*
- *You're such a great guy. – Thanks.*
- *And handsome. – Are you drunk? – Kiiiind...*
- *I'm crazy about you! – You've got great taste but terrible odds.*
- *I'll change my dress. – I'll head to the store, then.*

A Story About Her

Girls and women love dressing beautifully, and things like manicures and other self-care rituals are simply because they make them feel better about themselves.

They cherish closeness, hugs, and compliments. And sometimes it's nice to give them for no reason at all – just to show you care.

For a small slice of happiness, a woman often needs just a few things: a good meal, a clean pair of pyjamas, a face mask, a fresh bed, and no alarm clock for the morning. That's it.

If you can understand why a round pizza is packed in a square box and eaten in triangle slices, you're on your way to understanding women.

Women's moods are simple: fine, not fine, or "I'm cutting my hair!"

A woman is always a surprise – though not always a gift.

A woman doesn't need much, but she needs it constantly.

The perception of scents can subconsciously influence attractiveness and partner choice.

Every girl dreams of receiving just one message: "Sweetheart, you've passed the test – I'm a millionaire. Pack your bags!"

I can't decide what I want more: a Cartier bracelet, a Prada bag, a gym membership, to get married, to visit a therapist, or to just buy a pastry.

Nothing flatters a woman in her 30^s more than being asked for ID.

Women often evaluate other women from head to toe.

From ages 17 to 21, bold makeup makes us look older than we are.

Slightly tipsy women in a bathroom – that's the peak of sisterhood.

For some reason, everything I like is either expensive, fattening, or married.

The average lifespan of a hair tie is about a week. But if she only has one, it can miraculously last an entire year.

Some women experience a reduction or disappearance of joint pain during pregnancy, especially if the pain is related to autoimmune conditions like rheumatoid arthritis.

Not All at Once, Sweetheart

The most important thing about a woman isn't her chest – it's her eyes. Trust me, a woman without eyes is much scarier.

If your guy prefers your "plain" friend, maybe she's not as plain as you think.

Women who've had facial surgery can be called beautiful... with a stretch.

A woman without silicone, Botox, or plastic surgery should now be called a "bio-woman."

*How women's friendships start: – I thought you hated me.
– And I thought you hated me. And now they're best friends.*

*My name's Emma. I'm sick of gingerbread already
– I'm ready for the whip.*

My nails reflect my mental state.

*Dear Lord, don't protect me from temptations. Send me more of them.
I'll figure it out!*

She says: "I need a strong man who dominates and is tough, but also has a sense of humour." So... a clown from the kink community?

*It's really hard to explain to a man that he's wrong when he's right.
But I'll manage!*

I'm purposely not losing weight so people know I'm a wealthy woman.

Why is such a sweet girl without an emotionally narcissistic manipulator?

The man of your dreams just hasn't made enough money yet for you to meet him.

She got her lashes, brows, nails, and hair done... And he asks, "Where's the money?!" What do you mean, where? We're home!

Modern beauty standards for women: big eyes, tiny face, sharp chin, thin waist, skinny legs, powerful butt... Dear God, that's a praying mantis!

Just one spark of feminine energy is enough to make her wash all the dishes herself.

Girls ride mood swings; grown women, blood pressure ones.

It's simple for women: long hair needs to be cut, short hair needs to be extended, straight hair needs curling, and curly hair needs straightening.

In the morning, looking in the mirror: – So, are we fabulous today or just a little parrot-like?

Good women aren't out on the streets. They're at home, lying in apathy, drained after a long workday and lacking a sense of purpose.

Sometimes you just want that classic feminine "no idea what I want" moment.

...And I can also take stunning Instagram photos!

– My guy told me I look beautiful without new clothes.

– He's just stingy.

– What kind of hot water do they shower in?!

– They don't need soap – they just burn off all the microbes.

– Oh, girls, I've dropped two sizes!

– Good for you! [Thinking: "You witch."]

– Why are you wearing nice lingerie? You're going to the dentist!

– What if he's a flirt?

– Are you taking pictures of me?! – Stop! Don't! I'm not ready yet. (Proceeds to pose.) – Wait, try this angle. And this one!

– A wild lady only on Fridays or Saturdays; the rest of the week – a grumpy city dweller.

Rolling Downhill...

Your self-esteem becomes a hostage to Photoshop and retouching.

Why do women go for such long nails?

I've never met a man who actually liked them.

The female body is more prone to storing fat than the male body.

It's also less resilient to the effects of alcohol compared to men.

What types of psychological pressure do you know?

— "So, do you have a fiancé yet?" (Family)

When a woman says, "I understand everything", there's no point trying to explain further.

Many women dislike rain because it washes their faces back to factory settings.

Some women only have a negative impact on men: they drain their nerves, push them to excessive financial expenses, and offer no support or care in return.

Women's clothing either lacks pockets or has ones so tiny they're useless. This is so we'll keep buying those overpriced handbags!

Women experience far more minor health issues. It could be: a headache, knee pain, hand pain, this hurts, that hurts, exhaustion...

Some smart women report that their dating options become more limited.

I felt worthless – insecure, envious, uninterested in anything.

I was unhappy and consumed by my own dissatisfaction.

— So, what's your type of guy?

— The ones who don't like me back.

— Mirror, mirror, on the wall, who's the fairest of them all?

— Honestly, you all look the same on Instagram.

I can't tell one from another.

Delight in These Jokes

Blondes aren't as dumb as you'd like them to be.

There are women who never get headaches.

Those women are terrifying.

Do you know what you're like?

Like you were custom-made as punishment for everyone.

When a girl is deeply upset, she's capable of anything – except acting rationally.

My friends and I go to a café and order our own meals. But as soon as the food arrives, it's: "I want your sauce. Let me try that. I'll just have a sip of your drink."

Some girls, when they lose their temper for a minute: – Did you love your ex? – Did you call her the same thing you call me now?!

One girl wanted to take a photo in a bikini, with wet hair and a champagne glass in hand. But her workplace has a strict dress code.

Met a kind, gentle, modest girl who didn't mess with my head at all. Three months later: the play is over.

Why is she upset? Let's begin with volume one...

The time gap between "I'm not hungry at all" and "I'm starving" is about an hour.

Elevator incident: – Miss, how far along are you in your pregnancy? – WHAT?!!

Your skinny friend: – I've gotten so fat, it's insane!

– [Internally] What the hell are you talking about?!

Me in 2020: "I'm strong and independent, I don't need a man, it's all about me and my career." Me in 2025: "I just want to be a stay-at-home mom with a baby."

– How's it going? – A complete disaster...

– So, nothing new except your figure?

A Few Useful Thoughts

Most of the guys I'd like to be with are either shy or always in their own world. That leaves me no choice but to make the first move myself.

Your wardrobe should have as few "special" pieces as possible, like a dress with a huge open back. It's much more practical to invest in a few cocktail dresses.

You'd be surprised how easy it is to forget a man if you stop assigning him qualities you've made up.

Feminine hygiene products can alter your natural scent and disrupt pH levels, increasing the risk of infections. That area cleans itself internally. Care is needed externally.

A woman shouldn't rely on a fairy-tale prince to come and save her. It's essential to take responsibility for your life and focus on financial planning.

And remember, ladies: handsome, smart, rich, funny, and tall – those are five different men.

Whatever the trend for eyebrow shapes, it's often best to leave them alone.

Compliments have an incredibly powerful effect on men.

Beauty fades. Build your personality, not your eyelashes.

Many men don't feel valued and instead see themselves as expendable. Work on changing that.

Dress for the weather, undress only for love.

While checking his followers for a new girlfriend, I found a couple of attractive men and thought, "Why do I even need him at all?"

Having a child to keep a man tied to you is a terrible idea.

As women age, especially after 35, the risk of errors during cell division increases. By 40, the risk is small but present, and by 45, it's significantly higher. However, a non-invasive prenatal DNA test – a maternal blood analysis starting from the 10th week of pregnancy – can detect trisomy 21 with 99% accuracy.

Meet men at the grocery checkout. It's easy to tell if he's married, a drinker, has money, and what you'll need to feed him to keep him content.

Clean your makeup brushes. Your skin will thank you.

To be beautiful, darling, you need to take care of yourself physically and eat healthily.

Add Some Optimism

In any unclear situation, do lots of squats and drink some wine. A tipsy lady with a great booty is always in style.

What's the difference between a bad man and a good man? A good one makes you happy. A bad one makes you strong and independent.

Girls, remember: according to your horoscope, the only thing that suits you is money. Everything else is nonsense.

*Feeling down? Walk up to your man and ask just one question:
— Got anything you want to tell me?*

Women's advice: if your husband is throwing a tantrum, give him an expired yogurt. Let him throw his fit somewhere else.

A woman should annoy a man in a way that makes him want to punish her in bed, not make him call his therapist.

Every self-respecting girl should, at least once in her life, drop everything and go visit the guy who always likes her posts.

Therapy wasn't for you, sweetheart.

Never forget that first, you're someone who can do anything, and only after that, you're a delicate little girl.

*When a guy sends you a song, just listen to it.
Don't try to understand it.*

Maybe just... brush your hair and pretend everything's fine.

*Lessons in financial literacy for girls: the more you sleep,
the less money you spend.*

Black is slimming... but only up to size 52. After that, you need leopard leggings.

Skirt to the knees? Anything above doesn't need shaving.

"Have a baby, and it'll all be fine" – are you serious?!

– How about we get our lips enhanced?

– I'm tired of all this self-improvement.

– Maybe we should get a husband?

– A husband is a big responsibility.

– Excuse me, sir, can you remind me what we're doing this evening?

– Don't let a man forget you. – How? – Don't let him.

A Story About Him

In Europe, approximately 40% of men over the age of 30 experience hair loss. Among Native Americans, this figure is significantly lower, but not zero.

In many cultures, long hair symbolised a connection to nature, romance, and spirituality. Short hair was associated with strict social norms and, today, can symbolise determination, boldness, and practicality.

For a divorced woman, a man is like a Kinder Surprise... At first, there's pleasant excitement... then you open him and realise, "I've had this one before."

Confucius claimed that life is actually simple, but men insist on complicating it.

Remember one thing: without money, you're only important to your mum.

We often exaggerate how things stand. Don't worry, guys.
(On boyfriend "measurements" among close girlfriends.)

Men are like books: some are wise, some are fascinating, and in some, there's money hidden.

Men, for the most part, are simple creatures.

And you shouldn't underestimate how inattentive they can be.

Men enjoy silence and time alone, which is why they're often drawn to the bathroom or fishing trips...

Boy: "Oh my God, oh my God!" Man: "I've seen it."

Men can argue passionately, almost to the point of fighting, over something trivial. It gives them a strange sense of satisfaction, and they'll meet up again as if nothing happened.

Guys can stay silent for hours, even an entire day – it's normal. During that time, they're thinking about random nonsense.

Men experience their emotions intensely.

When in love, they'll go to great lengths to make their loved one happy.

Primatologist Jane Goodall observed that some young male chimps exhibited aggression, possibly linked to dominance issues.

If you're 30+, have a stable job, your own place, and no kids – you're a sought-after prize.

Guys have four styles: business, casual, sporty, and "hobo chic."

A Japanese* proverb says: a good husband is a healthy man who's rarely at home.

Okay, Let's Go

If a man opens a car door for a woman, it means one of them is new.

When a man has extra weight but no money, he's just fat. If he has extra weight and money, he's a "cuddly bear."

Men's love for heavy metal with female vocals is just a genetic urge to hear a woman scream at them, even when they've done nothing wrong.

He got the nickname "Ant" because he only dated women heavier than him.

A guy with a job, a car, and a non-driving wife is almost safe from alcohol.

Boy: unfollows her when she gets married. Man: keeps following to know when she gets divorced.

– *Grandma, why did men marry more eagerly back in the day? – Because there was no ready-to-eat food in stores.*

– *Now this is a man; you can tell he has character. – Someone like him won't let an opportunity slip. – No, he must've been on sale! Cancel the order!*

– *What will monsieur be drinking? – Normally, monsieur drinks a woman's nerves, but tonight it'll be whiskey.*

You Are Overloaded and Cannot Run

Years of being single can lead to low self-esteem, loneliness, and anxiety in men.

"The perfect man can be found on every corner", said God, and then created a round Earth.

Every guy I know resembles a question mark – offering too little information about himself.

Boys often keep a lot bottled up. Sometimes, they just need to talk it out, and shedding a tear in solitude is nothing to be ashamed of.

Men tend to close off, hold everything in, overflow with emotions, and eventually "explode."

Men don't really grow up – their toys just get bigger.

No guy ever admits he's drunk – until he's on the floor.

Attractiveness comes in many forms. Unfortunately, I'm neither ugly enough to be the funny one, nor good-looking enough to attract girls effortlessly.

Bragging about how you or your buddies can "take down those losers" at the bar isn't cool. It'll only impress a complete fool.

I was too controlling with my girlfriend, and it emotionally drained her. She left me.

Blast It, You!

I'll be promising to hang that shelf for five years, just you wait.

If only men were like watermelons: walk up, knock on their heads, and instantly know if they're any good.

Some bald, chubby men look like a walking thumb.

A friend of mine only realised the true value of condoms when he saw the bills for toys and daycare.

A man is perfectly willing to live alone in the woods for a couple of years, just to avoid going to therapy.

The biggest crisis in a man's life is when he can't decide if he still wants to play video games or not.

At first, men claim they don't have depression. Then they sit all evening, staring at a single spot in silence.

I flush the toilet with the lid up. What's the point of the lid? No idea. It was already there when I moved in.

Preventive Measures

Be gentle with the fairer sex – they're not a 60-kilogram sack to handle roughly. They'll respond in kind.

Women, by the way, are not interested in your sexual escapades.

Girls often don't pick up on hints. It's better to state clearly what you're thinking.

Compliment the things a woman has put effort into.
Notice it, acknowledge it.

Share your life with your partner – your thoughts, worries, jokes, and little things that connect you.

If men could read minds, they'd be much more decisive.

If a girl gives you a compliment, it might just be that – a compliment. It doesn't mean she's ready to strip.

A woman listens to and truly hears a man when she feels respected, safe, and cared for.

A sensible "7 out of 10" is better than a crazy "9." Stay away from materialistic women who don't understand the value of money.

It's better to live with a woman than without one.
But for now, I'm on my own.

It's often better for a man to be older, even if he's younger.

On dating sites, one of the worst things is an almost empty profile.

Don't be too harsh on a girl for using filters - who among us doesn't have their little tricks?

Hearing a guy critique a stranger is strange. Instead, tell me what's cool about me - that'll do.

Maintain a tough exterior but stay soft and open inside.

Believe it or not, women are just like men. They're individuals shaped by genetic predisposition and life experience, just like we are.

Confidence is attractive, but narcissistic selfies scream over-the-top egocentrism.

Well-groomed and trimmed nails are a sign of sexual intelligence. No girl likes long or dirty nails on a guy.

Let's Torpedo This!

Be patient with nervous women - maybe their underwear is just uncomfortable.

If you want to confuse a woman, gift her chocolate heels.

If a woman is beautiful, tell her she's smart. If she's smart, tell her she's beautiful. If you're unsure, tell her she's lost weight.

If a woman doesn't gift you winter tires after a fling, congratulations, boys - you've just been used.

*A real man is someone who slams the table and says,
"Tomorrow, we're flying to the Maldives!" And don't "but" me about it.*

There's nothing more beautiful than hearing three magical words from a man: "You were right."

*The way to a woman's heart is through:
"Sit, I'll do everything myself."*

Guys, if your girlfriend loves horses, enjoys camping outdoors, and dreams of traveling the world, run – that's not a girlfriend – that's a Mongolian horse archer in disguise!

*Tips for men: wash yourself, shave, dress in clean, ironed clothes... –
Oh, here we go again with these unrealistic beauty standards.*

To make a woman dizzy, just walk around her 50 times.



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